



**SKILL TEACHING AND RESOURCES INC.
(S.T.A.R.)**

48 HAMPSTEAD ROAD, BROADVIEW S.A. 5083
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STAR NEWSLETTER JULY 2011

Hi Folks,

This year is an exciting time at STAR because this year we celebrate our 25th Birthday!

We would like to taken this opportunity to thank Lakeside Nissan who very kindly assisted us with the purchase of a new vehicle. What a wonderful company to deal with. Thank you most sincerely.

On a sadder note Arneen who has worked at STAR for the last 8 years, answering our phones, paying our bills and much more is leaving us. While we are sad to see her go we wish her well in all her future efforts.

Paula Kelly
Manager



May

Christopher C
Cynthia E
Janet C
Glenys I
Gareth C
Keith Scroop
Bronwyn S
James R

JUNE

Jungle P
Andrew J
Richard B
Ashley S
Megan D
Tom P
Chloe G

JULY

Daphne H
Frances E
Helen S
Damian S
Linda S
Wade C
Daniel L
Erin C

CONGRATULATIONS!



MATTHEW N: Improved cooking skills.



CECELIA H: Gold star for an exceptionally tidy home.



DIMI I: Good progress with cooking.



DANIEL L: Good floor cleaning skills



DANA N: Teaching Alison how to catch a bus!
AND Being exceptionally resourceful



LEIGH H: Successfully cooking a stir fry



GARETH C: Bravery for going to work in stormy weather.

SARAH D' C: Learning a variety of different meals
AND Increased cooking skills



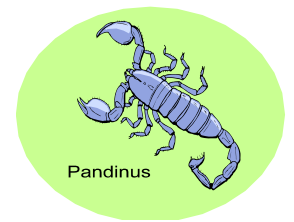
GRACE B: Making good progress in her teaching program.



DALE G: For an enthusiastic approach to learning tasks.

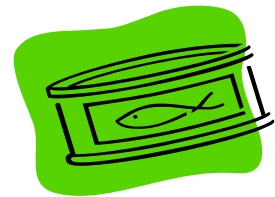
CONGRATULATIONS!

DANA N: Learning to travel to and from work independently.



KEESHA S: For cooking sausage bake

KEESHA S: For cooking curried Tuna and rice



LEIGH H. For cooking microwave shepherds pie

LEIGH H: For cooking apricot chicken



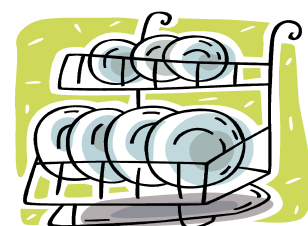
ROBBIE K: For Improved cooking skills

MICKALA K; For an outstanding effort saying NO to Unwanted visitors



DIONI M: for improved routine in house tasks

RODNEY W: for improved routine in household tasks



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48 Hampstead Road
BROADVIEW SA 5083

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**Surface
mail**

POSTAGE
PAID
AUSTRALIA

Preparation Time: 10 mins
Cooking Time: 15 mins

Servings: 6

Ingredients

1/4 cup butter or margarine
1/4 cup self raising flour
1 can (12 fl. oz.) NESTLÉ® CARNATION® Evaporated Milk low fat
1 package (16 oz.) frozen mixed vegetables
2 boneless, skinless chicken breast halves, cooked and cubed
1 litre chicken broth
1/4 teaspoon onion salt

Directions

1. **MELT** butter in medium saucepan over medium heat.
2. Stir in flour.
3. Gradually stir in evaporated milk.
4. Cook, stirring constantly, until mixture comes to a boil.
5. Add vegetables, chicken, broth and onion salt.
6. Heat through until vegetables are cooked.
7. Serve

